

~Important Information About Allergy Testing~

Patients scheduled for allergy testing must stop taking any medications that contain antihistamines for the length of time indicated below:

These medications should be stopped 7 days before testing:

Allegra	Clarinet	Doxepin	Xyzal
Alavert	Claritin	Fexofenadine	Zyrtec
Cetirizine	Desloratadine	Loratadine	

All over-the-counter cold, sleep and allergy medications and all prescribed allergy medications including the following should be stopped 3 days before testing:

Antivert	Diphenhydramine	Patanase	Q-Dall
Astelin	Extendryl	Pepcid	Rynatan
Astepro	Hydroxyzine	Periactin	Tagament
Atarax	Lodrane	Phenergan	Vistaril
Benadryl	Meclizine	Polyhistine	Zantac
Cyproheptadine	Nalex	Promethazine	

- **Do not stop** any inhaled asthma medications or routine medications that treat blood pressure, heart problems, diabetes, etc.
- Please bring with you a complete list of all medications, as well as your pharmacy phone number and street address. We routinely send prescriptions electronically and will need your pharmacy information to ensure accuracy.
- Please keep in mind your initial visit will take 2-3 hours. During the testing procedure, we will be using a marking pen on your back and arms. This may cause your shirt to become stained. We suggest you bring a short sleeved t-shirt to wear after your procedure. We look forward to seeing you on your visit.
- **If you have any questions about what medications to stop please feel free to call our office at 502-429-8585 or 1-800-999-1249 or visit us at our website at: www.familyallergy.com for more information regarding your appointment.**